

HELENE BRASSIER

EQUESTRIAN AUSTRALIA INTRO LEVEL RIDING COACH
COACHING NSW SECRETARY

[HTTPS://WWW.HBEQUINE.COM.AU/](https://www.hbequine.com.au/)



As an **Introductory** Level Coach and passionate equestrian, I have a deep affection for **Dressage**, **Eventing**, and **Groundwork**/Liberty practices. Witnessing riders improve their riding abilities and **cultivate stronger bonds** with their horses fills me with immense joy when I coach. Seeing their **confidence** soar gives me a huge sense of achievement.

Professional timeline

CURRENTLY
PREVIOUSLY

SINCE JAN22

Coaching NSW **Secretary**
Chair: Sally Ann Barbera

SINCE JAN21

EA Horse Riding Coach
Intro Level Riding Coach
Owner: Helene Brassier

JUN17-DEC22

Northside Riding Club, St Ives
2021-2022: Secretary
2018-19: PR and Marketing
2017: Competitions coordination
President: Amelia Curic, then Lisa Chikarovski

2022

Sydney Dressage Inc
Secretary duties and Club coordination
Chair: Debbie Einsenhauer

2020

MCEQ Riding School
Terrey Hills
EA Coach Certification
School coordination and admin tasks
Owner: Dee McVicker

MAR-JUN17

Kallaroo Equestrian
Duffys Forest
Casual Stable-hand
Stables supervision on Saturdays
Owner: Eva Rasmussen

JAN15 TO DEC16

Somersby Equestrian Club
2014-2015: Scoring
2016: Club Coordinator and Secretary
Ex President: Elinor Ireland

JAN MARCH 2014

Tarraleah Park
Somersby NSW
Stable hand in a 5* eventing
Stable **Owner: Rachael Lee**

BEFORE 2013

France
Volunteer in Equestrian riding school
Looking after horses
Guiding riders on trail rides

Strenghts and values

- **TEAM:** Everything can be achieved when we work together
- **RELIABILITY:** I never let things go, willing to transform problems into solutions
- **ADAPTABILITY:** We will always have the expected and the unexpected, let's play with it and make it work
- **ENTHUSIASM:** It makes everything so much easier for everyone :)
- **TRUSTWORTHY:** Transparency is critical for a successful project

Equestrian Education

- **2021:** Equestrian Australia Intro Level Coach Certification (at MC Equestrian)
- **Equestrian training:** I train with a couple of coaches who inspire me:
 - Brett Parbery (Dressage)
 - Rachael Lee (Jumping/Dressage)
 - Amy Roberts (XC/Jumping)
- **2001: Galop 4** (French rider's certificate certifying autonomy on foot and horseback. Show jumping in varied terrain)

Corporate Education

- **2015 & 2016:** Project Management & Business Analysis Fundamentals
- **2005 to 2008:** Master 2 CCA (France), Accounting, Control and Audit: Information Systems, Audit and Internal Control
- **2003 to 2005:** DUT GEA (France) Management of Companies and Administrations: Finance and accounting options
- **2003:** Baccalaureat scientifique (equivalent to HSC, speciality in Mathematics)

Computer skills

- **Office:** Excel, Word, PowerPoint, Visio, Lucidchart, Power Automate
- **Website builder:** Wix, SharePoint
- **Database:** SQL Language, Access
- **Accounting:** Xero & MYOB, SAP,

Languages

- **French:** mother tongue
- **English:** fluent
- **Spanish:** Intermediate

Other interests

- House sitting
- Board Games
- Hiking
- Video editing / montage
- Volunteering

Contact details



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WORK EXPERIENCE & EQUESTRIAN HIGHLIGHTS

COACHING

SOLE TRADER
EA Intro Coach
SINCE 2021



- Coaching a range of riders from complete beginners to Prelim Level dressage, I have clients with their own horse, and also coach on my own horse.
- I have strong interest in Ground work, liberty, trail rides and activities that help developing a solid relationship (rider-horse)

COACHING NSW
Secretary
SINCE 2022



- Provide secretary services, coordinate online meetings, and run online webinars for NSW Coaches
- Assist running events (attendees registrations, promotion, attendance on the day)
- Keep the committee engaged and across decisions, breaking down tasks and projects are broken down into timelines and objectives.

STABLE WORK / HOUSE SITTING

TARRALEAH PARK
Somersby NSW
Horse care and house-sitting
SINCE 2014



- Since 2021: occasional house sitting, looking after 3 to 8 horses full care, dogs, cats and chickens. Feeding, mucking out and keeping a close eye on horses (retirees to 5* eventers)
- Keep the property clean and tidy at all times. Liaising daily with owners every day when they are away.
- 2014: Worked as a full time stable hand (first professional experience), and learnt to look after a 5* stable

PARBERRY PERFORMANCE HORSES
Penrose NSW
Ad hoc house-sitting
SINCE 2023



- Occasional house sitting, overseeing the property and stables, looking after dogs, cats and chickens. Keeping a close eye on horses every day (10 dressage performance horses)
- Liaising daily with owners every day when they are away.

COMMUNITY

VOLUNTEERING
Secretary and club coordination
2015 to 2022

Northside riding club
Executive Secretary
Club coordination
PR & Marketing
Run dressage events
2017-2022

Sydney Dressage Inc
Secretary duties
Club and events coordination
2022

MC Equestrian
Riding school
Terrey Hills NSW
Admin duties
School coordination
EA Coach certification
2021

Somersby Equestrian Club
Secretary duties
Club / events coordination
Dressage scoring
2015-2016

KEY SOFT SKILLS



Organisation
Expert at coordinating, following up, and delivering



Team work
Ability to engage all stakeholders in the long run



Enthusiasm
Positive attitude to create a collaborative environment



Active listening / Trust
Strong listening skills, creating durable relationships



Analytical
Analyse data & insights to recommend improvements

OTHER SKILLS AND INTERESTS

Board Games

I love spending time with my friends (old or new) around a table and a good **collaborative** board game.

Community

I have always been actively involved in **Committees** (horse riding clubs mostly) for the **past 10 years**.

Project Management

My corporate background includes Project & Event Management, Process Improvement and Business Analysis. Feel free to see what people think about me here: <https://www.bizimprove.com.au/testimonials>